



Located in Immokalee, Florida, **Lipman Produce** is the largest field tomato grower in North America.

Flavor 1<sup>st</sup> has been growing and packing produce in North Carolina mountains for 8 generations.

- Georgia is a top producer of fresh market tomatoes.
- Tomatoes are the second most consumed vegetable in the U.S. behind potatoes.
- Botanically, the tomato is a fruit, but in cooking it is considered a vegetable.
- The average American consumes around 80 pounds of tomatoes a year!
- Tomatoes are an excellent source of vitamin A!

## Locally grown Tomatoes served in your café this January!







Visit **fcsnutrition.com** for menus and more info!

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